



Post-Op Care for Your Dental Crown and Bridge

If you required anesthesia, avoid eating until your mouth is no longer numb.

Contact our dental office if your bite feels uneven. Schedule an adjustment to avoid unnecessary pain or discomfort.

Floss your permanent crown as you would your natural tooth. Use a floss threader to remove food, etc from beneath your dental bridge.

Carefully eat hard food such as nuts, candies, and ice to avoid breaking or damaging your permanent crown.

Avoid chewing on anything that could potentially break or damage your crown.

Consider the use of a night-guard if you clench or grind your teeth at night during sleep. Schedule a consultation to discuss your options.

Expect some hot/cold sensitivity following your crown procedure. Contact our dental office if you experience extended sensitivity pain or if swelling occurs.